

OPERATING INSTRUCTIONS FOR TLC® KNEE SCOOTER

Read carefully before using the TLC® Knee scooter

You have purchased or rented a TLC®, a medical device designed to maximize mobility during your recovery from foot or ankle surgery or injury.

WARNING: As with any new physical activity, instruction, practice, and common sense are necessary for successful use of the TLC®. Your health professional or TLC® distributor can provide instruction and demonstration. Practice operating the TLC® to increase your skill and confidence. Gradually increasing the time you spend using the TLC® will allow your muscles to adjust to this new activity.

PREPARATION: (The wearing of a non-slip shoe on your non-injured foot is recommended)

To adjust the knee platform for your injury, please determine which way the platform should be placed by the following guidelines:

Right leg injury: the platform should be aligned with the frame on the left side.

Left leg injury: the platform should be aligned with the frame on the right side.

(To check alignment, when standing behind the TLC®, the platform should be off-center to the left for a right foot injury and off-center to the right for a left foot injury.)

To remove the knee platform from the frame and adjust for your use:

- Locate and remove the pin holding the platform in place.
- Lift the platform from the frame, turn it around 180 degrees and reinsert into frame
- Put pin back in to steam holding platform and close pin

The knee pads are attached with Velcro strips. The larger pad should always be placed on the front and the smaller pad to the back, both pads should align themselves to the respective edge of the platform.

Before proceeding to make the following adjustment, lock the parking brake – this is the round button surrounded by a spring on top of the brake handle. To lock the brake, pull back handle, push the parking brake button.

Next adjust the height of the steering mast – this is done by loosening the upper clamp on the top of the mast, and adjusting the height of the handlebar to a comfortable upright fit. Tighten and relock the upper clamp. It is important to make sure the upper clamp is properly adjusted and tight, to ensure the mast will not telescope up or down while the TLC® is in use which may cause you to lose control.

MOVEMENT: Place your hands on the handlebars. Place the knee of your injured leg or foot on the front pad so that the top of your boot or cast is directly over the space between the pads. Your lower leg (shin) is then resting on the rear pad. Release the parking brake (this is done by pulling the brake handle lever toward you) and propel yourself forward or backward with your pushing foot, keeping the knee of your injured foot centered on the front pad. Move slowly so that you can stop safely using your pushing foot. The hand brake may be used if needed but is primarily designed to maintain a stopped stance.

BRAKE: The brake is engaged by depressing the brake lever on the handlebar. The braking wheel must be in contact with the floor, and the brake works best with weight on the TLC®. To set the brake, squeeze the brake lever and push down the button on the brake lever holder. To unlock the brake, squeeze the brake lever.

WARNING: Because of the light weight of the TLC®, use of the hand brake while in motion may cause an abrupt stop.

WARNING: The TLC® is a medical device and is not intended for recreational use. Recreational use of the TLC® voids the warranty. This device is intended for responsible use by patients who must remain non-weight bearing. The company assumes no liability for use of this device other than its intended use.

WARNING: Do not use the TLC® on or near stairs or while using mind-altering drugs or alcohol or while suffering from dizziness.

WARNING: Do not use the TLC® to pull yourself up from a seated or other position. The TLC® is intended for use with a person in place on the scooter.

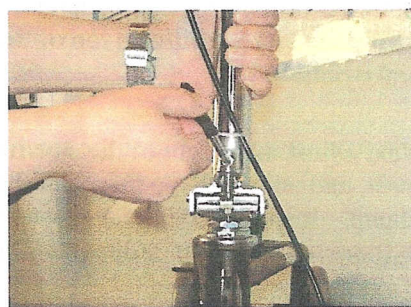
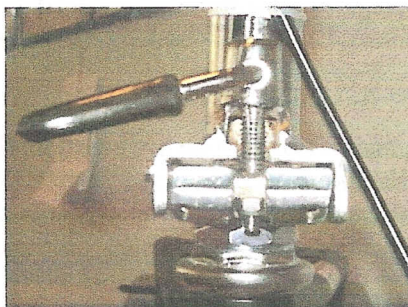
WARNING: Use caution when moving from carpeted to hard surface floors and on any rough surfaces or when changing levels (for example, moving from a curb to the street and back onto the sidewalk) Check the TLC® frequently for any loose cotter pins, clevis pins or loose nuts or bolts and the quick-release clamp on the mast. **Do not use the TLC® if any pins or parts are loose or missing.**

TO FOLD THE MAST FOR EASY TRANSPORT:

To fold the mast, loosen the locking lever at base of mast by putting it in an upright position, pull it slightly out of the groove and then lower it. NOTE: It only need clear the groove – you do not need to put it in a complete, down position. Next, release the locking pin on side of the mast base by gently sliding it back towards the knee platform. NOTE: Hold the steering mast securely with your other hand. Once the pin is released the mast will fold downward onto the frame.

To raise the mast, you must slide pin into position as above. After putting mast into upright position, make sure locking lever is in place and then close locking lever securely.

Locking Lever –
to open, swing
upward



To release mast
for folding, slide
pin toward rear.

